

# Individual & Family Plans

Cigna Health and Life Insurance Company

Cigna HealthCare of Arizona, Inc.

Cigna HealthCare of Texas, Inc.

## A PHARMACY AT YOUR FINGERTIPS

### Cigna Home Delivery Pharmacy



As a Cigna customer, you'll have access to Cigna Home Delivery Pharmacy<sup>SM</sup>, designed especially for individuals who take prescription medications on a regular basis, such as those used for diabetes, asthma, heart conditions, high blood pressure and more.

#### You'll enjoy:

- › Easy refills – up to a 90-day supply means fewer refills. Specialty medications are limited to a 30-day supply in AZ, CO, CT, FL, GA, MO, SC, TN and TX. In FL, select specialty medications are limited to a 60-day supply. In CA, MD and NC, specialty medications are allowed at a 90-day supply.
- › Reminder service to refill or take your medication available at [Cigna.com/CoachRx](http://Cigna.com/CoachRx)
- › Our free QuickFill service will call or email you when it's time to refill your prescriptions
- › Fast answers from Cigna pharmacists 24/7  
**800.285.4812**

#### Manage your medication

Log in to [myCigna.com](http://myCigna.com) where you can obtain the following important information about your prescription medications:

- › Compare medication prices
- › Check order status
- › Review number of refills remaining
- › Order refills and more

**Together, all the way.®**

#### QuickSwitch® – we make filling a prescription simple

Have the following information handy when you call. We'll do the rest!

1. Name and Cigna ID number
2. Prescription medication names and dosage (for you or a covered family member)
3. Doctor information (name, phone number)
4. Payment information (American Express, Discover, MasterCard or VISA)

With this information, we will request a prescription from your doctor. Once we receive it, we will fill your medication and mail it to your home or other location of your choice.



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