

Individual & Family Plans

Cigna Health and Life Insurance Company

Cigna HealthCare of Arizona, Inc.

Cigna HealthCare of Texas, Inc.

YOUR CIGNA PHARMACY BENEFIT



Five ways to get the most out of your pharmacy benefit plan

1. Learn what medications are covered

Save money by checking out the list of medications covered under your plan on **myCigna.com**.

The amount you pay depends on the tier in which your medication is listed. A 4-Tier plan has four tiers: generic, preferred brand, non-preferred brand and specialty. A 5-Tier plan has five tiers: preferred generic, non-preferred generic, preferred brand, non-preferred brand and specialty.

2. Use the Prescription Drug Price Quote tool

View medication cost based on your pharmacy plan, see if there are lower cost alternatives and compare prices between Cigna Home Delivery PharmacySM and retail pharmacies.

3. Use Cigna Home Delivery PharmacySM

Have the medications you take on a daily basis delivered right to your door at no additional cost. Because you can get up to a 90-day supply at one time, you may even be able to save money.* You'll get a reminder when it's time to reorder, and have access to the CoachRx team for help with drug interactions, side effects and ways to lower your medication costs.

* Specialty medications are limited to a 30-day supply in AZ, CO, CT, FL, GA, MO, SC, TN & TX. In FL, select specialty medications are limited to a 60-day supply. In CA, MD and NC, specialty medications are allowed at a 90-day supply.

4. Get help with specialty medications

Taking a specialty medication to treat a condition like multiple sclerosis, rheumatoid arthritis or cancer? Cigna's TheraCare[®] team, which includes a nurse and therapy support coordinator, will help you understand your condition, treatment, common side effects and the importance of taking your medication as prescribed by your doctor.

5. Use myCigna.com

Gives you 24/7/365 access to:

- › See your pharmacy claim history
- › Read your benefit details
- › See medication prices based on your plan
- › Manage your Cigna Home Delivery Pharmacy orders
- › Ask a pharmacist a question



Questions? Call the toll-free number on the back of your ID card.

Together, all the way.®



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