

Individual & Family Plans

Cigna Health and Life Insurance Company
Connecticut General Life Insurance Company
Cigna HealthCare of Arizona, Inc.
Cigna HealthCare of Texas, Inc.

Cigna Pharmacy Management[®]

Prescription Drug List Changes

Starting January 1, 2016

Please read the following information carefully. It describes important information about your prescription drug coverage.

What's changing?

Beginning January 1, 2016, the following medications will be considered non-preferred brand or not covered, and/or will be subject to additional requirements such as Prior Authorization or Step Therapy.

Cigna Rx Plus and Cigna Rx Premiere Prescription Drug Lists

Non-preferred brand medication	Generic and/or preferred brand alternatives
Foradil	Serevent Diskus
Jentadueto	Kombiglyze XR, Onglyza
Orencia	Cimzia, Humira
Tradjenta	Kombiglyze XR, Onglyza
Medication not covered*	Generic and/or preferred brand alternatives
Abilify Tablet	aripiprazole
Duet DHA Balanced	Generic Rx prenatal vitamins
Dulera	Advair Diskus, Advair HFA, Breo Ellipta
Fazaclo	Clozapine ODT
Januvia	Kombiglyze XR, Onglyza
Lamictal	Lamotrigine
Lamictal ODT	Lamotrigine ODT
Lamictal XR	Lamotrigine ER
Nexium	esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole, Dexilant
Proair HFA	Ventolin HFA
Qvar	Flovent Diskus, Flovent HFA, Arnuity Ellipta
Suprax suspension	Cefixime suspension
Tasmar	Tolcapone
Testim	Testosterone
Tudorza Pressair	Anoro Ellipta, Incruse Ellipta

** This drug is not covered on your plan. Please talk to your doctor about switching to an alternative. Your prescription drug plan requires approval by Cigna to have this medication covered.*

Step Therapy medications	Generic and/or preferred brand alternatives
Foradil	Serevent Diskus
Jentadueto	Kombiglyze XR, Onglyza
Orencia	Cimzia, Humira
Tradjenta	Kombiglyze XR, Onglyza
Medication requiring Prior Authorization	
Relistor	Talk with your doctor about switching to an alternative

Cigna Rx Essential 4-Tier and Cigna Rx Essential 5-Tier Prescription Drug Lists

Medication not covered*	Generic and/or preferred brand alternatives
Duet DHA Balanced	Generic Rx prenatal vitamins
Dulera	Advair Diskus, Advair HFA, Breo Ellipta
Foradil	Serevent Diskus
Jentadueto	Kombiglyze XR, Onglyza
Proair HFA	Ventolin HFA
Qvar	Flovent Diskus, Flovent HFA, Arnuity Ellipta
Testim	Testosterone
Tradjenta	Kombiglyze XR, Onglyza
Tudorza Pressair	Anoro Ellipta, Incruse Ellipta

** This drug is not covered on your plan. Please talk to your doctor about switching to an alternative. Your prescription drug plan requires approval by Cigna to have this medication covered.*

Step Therapy medications	Generic and/or preferred brand alternatives
Orencia	Cimzia, Humira



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