Summary of Benefits and Coverage: What This Plan Covers & What it Costs **Coverage for:** Individual & Family **Plan Type:** PPO

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at uhc.com/individual-and-family/medical-policy or by calling 1-800-260-2773.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: **$1,900** individual / **$3,800** family Out-of-Network: **$3,800** individual / **$7,600** family Per calendar year. Does not apply to services listed below with copays or "No Charge."	You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	Yes, Prescription drugs - **$250** individual / **$500** family. There are no other **deductibles**.	You must pay all the costs for these services up to the specific **deductible** amount before this plan begins to pay for these services.
Is there an out-of-pocket limit on my expenses?	Network: **$5,450** individual / **$10,900** family Out-of-Network: **$10,900** individual / **$21,800** family	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of **network providers**, see uhc.com/find-a-physician/xcacore or call 1-800-260-2773.	If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No.	You can see the **specialist** you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about **excluded services**.

Questions: Call 1-800-260-2773 or visit us at uhc.com.
If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf or call the phone number above to request a copy.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$40 copay per visit	50% co-ins after deductible	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	$55 copay per visit	50% co-ins after deductible	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	$40 copay per visit	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
	Preventive care / screening / immunization	No Charge	Not Covered	Includes preventive health services. No out-of-network coverage
If you have a test	Diagnostic test (x-ray, blood work)	Lab: $35 copay per service X-ray: $50 copay per service	50% co-ins after deductible	For sleep studies, pre-authorization required out-of-network or $250 penalty applies.
	Imaging (CT / PET scans, MRIs)	$250 copay per visit	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
If you need drugs to	Tier 1 – Your Lowest-Cost Option	Retail: $15 copay	Not Covered	Provider means pharmacy for purposes of

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Out-of-Network Provider	Limitations & Exceptions
treat your illness or condition More information about **prescription drug coverage** is available at uhc.com/rxfind	Tier 2 – Your Midrange-Cost Option	Retail: $45 copay after deductible	Not Covered	this section. Retail: Up to a 30 day supply. Mail-Order: Not Covered You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain drugs may have a pre-authorization requirement or may result in a higher cost. If you use an out-of-network pharmacy, you may be responsible for any amount over the co-insurance amount. Tier 1 Contraceptives covered at No Charge. You may be required to use a lower-cost drug(s). Not all drugs are covered. Pharmacy Deductible does not apply to Tier 1
	Tier 3 – Your Highest-Cost Option	Retail: $70 copay after deductible	Not Covered	
	Tier 4 – Additional High-Cost Options	Retail: 20% co-ins after deductible with a $250 copay max	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% co-ins after deductible	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
	Physician / surgeon fees	20% co-ins	50% co-ins after deductible	——————none——————
If you need immediate medical attention	Emergency room services	Facility fee: $250 copay per visit after deductible	$250 copay per visit after deductible	Physician fee: $50 copay per visit after deductible. Waived if admitted.
	Emergency medical transportation	$250 copay per transport after deductible	$250 copay per transport after deductible	——————none——————
	Urgent care	$80 copay per visit	50% co-ins after deductible	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-ins after deductible	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Out-of-Network Provider	Limitations & Exceptions
	Physician / surgeon fees	20% co-ins after deductible	50% co-ins after deductible	———————none———————
If you have mental health, behavioral health, or substance abuse needs	Mental / Behavioral health outpatient services	$40 copay per visit	50% co-ins after deductible	Partial hospitalization/intensive outpatient treatment: No Charge Pre-authorization required out-of-network or $250 penalty applies.
	Mental / Behavioral health inpatient services	Physician & facility fee: 20% co-ins after deductible	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
	Substance-related and addictive disorder outpatient services	$40 copay per visit	50% co-ins after deductible	Partial hospitalization/intensive outpatient treatment: No Charge Pre-authorization required out-of-network or $250 penalty applies.
	Substance-related and addictive disorder inpatient services	Physician & facility fee: 20% co-ins after deductible	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
If you are pregnant	Prenatal and preconception visits	No Charge	50% co-ins after deductible	Additional copays, deductibles, or co-ins may apply.
	Delivery and all inpatient services	Physician & facility fee: 20% co-ins after deductible	50% co-ins after deductible	Inpatient authorization may apply.
If you need help recovering or have other special health needs	Home health care	$40 copay per visit	50% co-ins after deductible	Limited to 100 visits per calendar year. Pre-authorization required out-of-network or $250 penalty applies.
	Rehabilitation services	$40 copay per outpatient visit	50% co-ins after deductible	None. Pre-authorization required out-of-network or $250 penalty applies.
	Habilitative services	$40 copay per outpatient visit	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
	Skilled nursing care	20% co-ins after deductible	50% co-ins after deductible	Limited to 100 days per benefit period. Pre-authorization required out-of-network or $250 penalty applies.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Out-of-Network Provider	Limitations & Exceptions
	Durable medical equipment	20% co-ins	50% co-ins after deductible	Covers 1 per type of DME (including repair/replacement). Pre-authorization required out-of-network for DME over $1000 or $250 penalty applies.
	Hospice service	No Charge	50% co-ins after deductible	Pre-authorization required out-of-network or $250 penalty applies.
If your child needs dental or eye care	Eye exam	No Charge	50% co-ins after deductible	1 exam every 12 months.
	Glasses	No Charge	50% co-ins after deductible	1 pair every 12 months. Cost may increase depending on the frames.
	Dental check-up	No Charge	50% co-ins after deductible	Cleanings covered 2 times per 12 months. Limitations may apply.

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Chiropractic care
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Abortion
- Acupuncture
- Bariatric surgery

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-318-5311. You may also contact the California Department of Managed care ('DMHC") at 1-888-466-2219 or visit http://www.hmohelp.ca.gov/.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, a consumer assistance program can help you file your appeal. Contact California Department of Managed Health Care Help Center at 1-888-466-2219 or visit http://www.hmohelp.ca.gov.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-260-2773.

Chinese (中文): **如果需要中文的帮助**，请拨打这个号码 1-800-260-2773.

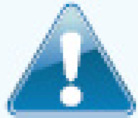
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-260-2773.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-260-2773.

---------------------------*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*---------------------------

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $4,340
- **Patient pays** $3,200

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$1,900
Copays	$400
Coinsurance	$700
Limits or exclusions	$200
Total	**$3,200**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $3,260
- **Patient pays** $2,140

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$400
Copays	$1,700
Coinsurance	$0
Limits or exclusions	$40
Total	**$2,140**

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes**. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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