# Kaiser Permanente 2017 Sample Fee List\*

# **SOUTHERN CALIFORNIA**

#### What's the Sample Fee List?

The Sample Fee List is one of many resources we offer to help you better understand and manage your health care costs. It shows the estimated amount Kaiser Permanente members would be charged for certain professional services.<sup>†</sup> It doesn't include costs for hospital services, facility fees, or other kinds of services.

When reviewing the list, keep in mind that the amount you're actually charged may be different depending on the care you get, the type of facility you visit, your plan details, and whether you've reached your deductible. Some services may also require additional services that have extra costs – like an earwax cleaning ordered by your doctor during a hearing evaluation.

#### How can I use the list?

The Sample Fee List can help you:

- Choose the right Kaiser Permanente deductible HMO plan during open enrollment
- Estimate what you'll pay for services before you reach your deductible
- Identify services that may be preventive care services, which are covered at no cost or at a copay (for a full list, visit **kp.org/prevention**)
- Estimate how much to contribute to any flexible spending account (FSA) or health savings account (HSA) connected to your plan, based on the services you expect to receive

#### What happens after I reach my deductible?

As a deductible HMO member, you'll pay the full charges for covered services until you reach a set amount known as your deductible. Then you'll start paying less – a copay or a percentage of the charges (a coinsurance) for the rest of the year. Depending on your plan, you may pay copays or coinsurance for some services without having to reach your deductible.

This means that for many services you'll pay less than the estimated fees shown on the Sample Fee List after you reach your deductible. Here are some examples:

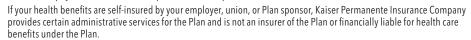
| Service              | Estimated fees | What you pay before reaching deductible | What you pay after reaching deductible                                 |
|----------------------|----------------|---|--|
| X-ray of knee        | \$55           | Full charges – \$55                     | Copay or coinsurance –<br>for example, \$10 or 20%<br>of estimated fee |
| Ultrasound of pelvis | \$208          | Full charges – \$208                    | Copay or coinsurance –<br>for example, \$20 or 30%<br>of estimated fee |
| Skin biopsy          | \$170          | Full charges –\$170                     | Copay or coinsurance –<br>for example, \$25 or 40%<br>of estimated fee |

Are you a member registered on kp.org? You can get personalized cost estimates for more than 400 medical services online. Visit **kp.org/costestimates** today.

### Have questions?

If you want more information or have questions about a service that's not listed, please call the number on your Kaiser Permanente ID card.

<sup>†</sup> Professional services are usually received at a medical office, including doctor's office visits, lab tests, and X-rays. They may also include physician-related services provided in a hospital.





<sup>\*</sup>The estimated fees in this Sample Fee List are valid as of January 1, 2017, and may change without notice. This list only applies to members who get medical services from Kaiser Permanente facilities.

| SERVICE  | ESTIMATED FEES |
|--|----------------|
| Office Visits  |                |
| New patient visit, level 1 (low severity)*                   | \$60           |
| New patient visit, level 2*                                  | \$105          |
| New patient visit, level 3*                                  | \$150          |
| New patient visit, level 4*                                  | \$230          |
| New patient visit, level 5 (high severity)*                  | \$290          |
| Established patient visit, level 1 (low severity)*           | \$30           |
| Established patient visit, level 2*                          | \$60           |
| Established patient visit, level 3*                          | \$100          |
| Established patient visit, level 4*                          | \$150          |
| Established patient visit, level 5 (high severity)*          | \$200          |
| Well-baby office visit, new patient (under 1 year)*          | \$155          |
| Well-child office visit, new patient (1–4 years)*            | \$160          |
| Well-child office visit, new patient (5–11 years)*           | \$165          |
| Well-child office visit, new patient (12–17 years)*          | \$190          |
| Well-adult office visit, new patient (18–39 years)*          | \$180          |
| Well-adult office visit, new patient (40–64 years)*          | \$210          |
| Well-adult office visit, new patient (65 and older)*         | \$230          |
| Well-baby office visit, established patient (under 1 year)*  | \$140          |
| Well-child office visit, established patient (1–4 years)*    | \$150          |
| Well-child office visit, established patient (5–11 years)*   | \$145          |
| Well-child office visit, established patient (12–17 years)*  | \$160          |
| Well-adult office visit, established patient (18–39 years)*  | \$165          |
| Well-adult office visit, established patient (40–64 years)*  | \$175          |
| Well-adult office visit, established patient (65 and older)* | \$190          |
| Emergency Visits   |                |
| Emergency care by a physician, level 1 (low severity)        | \$125          |
| Emergency care by a physician, level 2                       | \$185          |
| Emergency care by a physician, level 3                       | \$275          |
| Emergency care by a physician, level 4 (high severity)       | \$415          |

<sup>\*</sup>Depending on your plan, these services may be preventive and covered at no cost or at a copay. For more information, see your *Evidence of Coverage* or *Summary Plan Description*.

These estimated fees are valid starting January 1, 2017, and may change without notice.

| SERVICE   | ESTIMATED FEES |
|---|----------------|
| Psychotherapy Visits  |                |
| Group psychological therapy                                 | \$41           |
| Therapy   | \$136          |
| Eye Examinations  |                |
| Eye exam, routine visit, new patient*                       | \$112          |
| Eye exam and treatment, new patient                         | \$204          |
| Eye exam, routine visit, established patient*               | \$117          |
| Eye exam and treatment, established patient                 | \$170          |
| Vision screening test*                                      | \$5            |
| Hearing Services  |                |
| Comprehensive audiometry evaluation                         | \$62           |
| Ear cleaning  | \$91           |
| Eardrum test  | \$24           |
| Hearing screening test (pure tone, air only)*               | \$21           |
| Physical Therapy Services                                   |                |
| Electric stimulation therapy, treatment only                | \$27           |
| Physical therapy evaluation*                                | \$126          |
| Physical therapy exercises, treatment only*                 | \$54           |
| Physical therapy, hot and cold application, treatment only* | \$10           |
| Physical therapy, ultrasound, treatment only                | \$21           |
| Vaccines and Other Injections                               |                |
| Allergy shot  | \$15           |
| Chickenpox vaccine*   | \$130          |
| Diphtheria, tetanus booster vaccine*                        | \$36           |
| Diphtheria, tetanus, pertussis vaccine*                     | \$44           |
| Flu shot, children (3 years and older)*                     | \$27           |
| Flu shot, infants*  | \$9            |
| Flu shot, adults (18 to 64)*                                | \$36           |
| Hepatitis B vaccine*  | \$94           |
| Measles, mumps, and rubella vaccine*                        | \$89           |
| Polio vaccine*  | \$51           |
|   | (continues)    |

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The fees shown are for professional services only and do not include fees for facility or other services.

| SERVICE   | ESTIMATED FEES |
|---|----------------|
| Vaccines and Other Injections (continued)   |                |
| Therapeutic, prophylactic, or diagnostic injection (administration only, does not include medication)*                | \$43           |
| Therapeutic, prophylactic, or diagnostic intra-arterial injection (administration only, does not include medication)* | \$33           |
| Tests and Procedures  |                |
| Breathing capacity test   | \$63           |
| Breathing treatment   | \$32           |
| Colonoscopy and removal of abnormal tissue using cautery*   | \$967          |
| Colonoscopy and removal of abnormal tissue using snare technique*   | \$919          |
| Colonoscopy and removal of colon tissue for examination*  | \$883          |
| Diagnostic colonoscopy  | \$710          |
| Diagnostic proctosigmoidoscopy  | \$233          |
| Diagnostic sigmoidoscopy  | \$318          |
| Draining fluid from around swollen joint  | \$110          |
| Electrocardiogram (EKG)   | \$29           |
| Fetal monitoring*   | \$90           |
| Removal of abnormal areas of skin   | \$11           |
| Sigmoidoscopy and removal of tissue for examination*  | \$490          |
| Skin biopsy   | \$194          |
| Stress test   | \$129          |
| Surgically destroying an abnormal area of skin  | \$124          |
| Ultrasound test of heart  | \$224          |
| X-rays, CT Scans, and Other Imaging Studies   |                |
| CT scan of chest, including dye*  | \$543          |
| CT scan of pelvis, including dye  | \$536          |
| CT scan of pelvis, without dye  | \$344          |
| CT scan of sinus and nasal passages   | \$453          |
| CT scan of stomach area, with dye   | \$546          |
| CT scan of stomach area, without dye  | \$352          |
| Mammogram   | \$334          |
| Mammogram (one side)  | \$262          |
| Mammogram (screening)*  | \$273          |
| Pregnancy ultrasound  | \$289          |

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| SERVICE   | ESTIMATED FEES |
|---|----------------|
| X-rays, CT Scans, and Other Imaging Studies (continued) |                |
| Review of CT scan of the head or brain                  | \$273          |
| Ultrasound of pelvis                                    | \$224          |
| Ultrasound of stomach area                              | \$250          |
| Vaginal ultrasound                                      | \$250          |
| X-ray for osteoporosis                                  | \$84           |
| X-ray of abdomen (complete)                             | \$89           |
| X-ray of ankle  | \$60           |
| X-ray of ankle (complete)                               | \$63           |
| X-ray of both knees                                     | \$72           |
| X-ray of chest  | \$55           |
| X-ray of chest (one view interpretation)                | \$45           |
| X-ray of finger   | \$64           |
| X-ray of foot   | \$52           |
| X-ray of foot (complete)                                | \$58           |
| X-ray of hand   | \$52           |
| X-ray of hand (complete)                                | \$62           |
| X-ray of knee   | \$62           |
| X-ray of knee (complete)                                | \$79           |
| X-ray of lower back bones                               | \$70           |
| X-ray of neck   | \$91           |
| X-ray of neck bones                                     | \$67           |
| X-ray of shoulder                                       | \$59           |
| X-ray of stomach area (one view)                        | \$47           |
| X-ray of wrist (complete)                               | \$71           |
| X-ray of wrist (two views)                              | \$58           |
| Laboratory Tests  |                |
| Albumin test  | \$9            |
| Alkaline phosphatase test                               | \$10           |
| Allergy test  | \$10           |
| ALT test  | \$10           |
| Amylase test  | \$12           |
| AST test  | \$10           |
| Bilirubin test (total)                                  | \$10           |
| Blood antibody test                                     | \$8            |
|   | (continues)    |

#### 2017 Kaiser Permanente Estimated Fees Southern California

| SERVICE                                       | ESTIMATED FEES |
|---|----------------|
| Laboratory Tests (continued)                  |                |
| Blood clotting test                           | \$7            |
| Blood sugar test, diagnostic                  | \$7            |
| Blood sugar test, monitoring*                 | \$18           |
| Calcium test (total)                          | \$10           |
| Cholesterol level test*                       | \$8            |
| Complete blood count                          | \$15           |
| Creatinine test                               | \$10           |
| Hepatitis B surface antigen test*             | \$20           |
| Hepatitis C test*                             | \$27           |
| Kidney function test                          | \$8            |
| Laboratory chemistry test for creatine kinase | \$12           |
| Lipid panel test*                             | \$26           |
| Magnesium test                                | \$13           |
| Pap test, cervical cancer screening*          | \$20           |
| Phosphorus test                               | \$9            |
| Potassium test                                | \$9            |
| Pregnancy test                                | \$14           |
| Prostate test*                                | \$35           |
| Sodium test                                   | \$9            |
| Strep-A-Swab test                             | \$38           |
| Test for blood in stool*                      | \$6            |
| Thyroid stimulating hormone test              | \$32           |
| Urine bacteria colony count*                  | \$15           |
| Urine test (complete)                         | \$6            |
| Urine test (dipstick only)                    | \$4            |
| Urine test (microanalysis only)               | \$6            |

The fees shown are for professional services only and do not include fees for facility or other services.

<sup>\*</sup>Depending on your plan, these services may be preventive and covered at no cost or at a copay. For more information, see your *Evidence of Coverage* or *Summary Plan Description*.

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Kaiser Permanente does not discriminate on the basis of age, race, ethnicity, color, national origin, cultural background, ancestry, religion, sex, gender identity, gender expression, sexual orientation, marital status, physical or mental disability, source of payment, genetic information, citizenship, primary language, or immigration status.

Language assistance services are available from our Member Services Contact Center 24 hours a day, seven days a week (except closed holidays). Interpreter services, including sign language, are available at no cost to you during all hours of operation. We can also provide you, your family, and friends with any special assistance needed to access our facilities and services. In addition, you may request health plan materials translated in your language, and may also request these materials in large text or in other formats to accommodate your needs. For more information, call **1-800-464-4000** (TTY users call **711**).

A grievance is any expression of dissatisfaction expressed by you or your authorized representative through the grievance process. A grievance includes a complaint or an appeal. For example, if you believe that we have discriminated against you, you can file a grievance. Please refer to your *Evidence of Coverage* or *Certificate of Insurance*, or speak with a Member Services representative for the disputeresolution options that apply to you. This is especially important if you are a Medicare, MediCal, MRMIP, MediCal Access, FEHBP, or CalPERS member because you have different disputeresolution options available.

You may submit a grievance in the following ways:

- By completing a Complaint or Benefit Claim/Request form at a Member Services office located at a Plan Facility (please refer to *Your Guidebook* for addresses)
- By mailing your written grievance to a Member Services office at a Plan Facility (please refer to *Your Guidebook* for addresses)
- By calling our Member Service Contact Center toll free at 1-800-464-4000 (TTY users call 711)
- By completing the grievance form on our website at kp.org

Please call our Member Service Contact Center if you need help submitting a grievance.

The Kaiser Permanente Civil Rights Coordinator will be notified of all grievances related to discrimination on the basis of race, color, national origin, sex, age, or disability. You may also contact the Kaiser Permanente Civil Rights Coordinator directly at One Kaiser Plaza, 12th Floor, Suite 1223, Oakland, CA 94612.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at <u>www.hhs.gov/ocr/office/file/index.html</u>.

## Language Assistance Services

English: We provide interpreter services at no cost to you, 24 hours a day, 7 days a week, during all hours of operation. You can have an interpreter help answer your questions about our health care coverage. You can also request materials translated in your language at no cost to you. Just call us at 1-800-464-4000, 24 hours a day, 7 days a week (closed holidays). TTY users call 711.

Arabic: نؤمن خدمات الترجمة الفورية مجانًا لك على مدار الساعة كافة أيام الأسبوع طوال ساعات العمل. بإمكانك طلب مساعدة المترجم الفوري للإجابة على كافة أسئلتك حول التغطية الصحية التي نقدمها. بالإضافة إلى ذلك، يمكنك طلب ترجمة الوثائق الطبية الغتك مجانًا. ما عليك سوى الاتصال بنا على الرقم 4000-464-4000 على مدار الساعة كافة أيام الأسبوع (مغلق أيام العطلات). لمستخدمي خدمة الهاتف النصى يرجي الاتصال على الرقم (711).

Armenian: Մենք օրը 24 ժամ, շաբաթը 7 օր, մեր աշխատանքի բոլոր ժամերին Ձեզ համար անվձար բանավոր թարգմանչի ծառայություններ ենք տրամադրում։ Թարգմանչի օգնությամբ Դուք կարող եք պատասխան ստանալ Ձեր հարցերին՝ մեր կողմից տրամադրվող առողջության ապահովագրության վերաբերյալ։ Կարող եք նաև Ձեր լեզվով թարգմանված գրավոր նյութեր խնդրել, որոնք Ձեզ համար անվձար են։ Պարզապես զանգահարեք մեզ՝ 1-800-464-4000 հեռախոսահամարով՝ օրը 24 ժամ՝ շաբաթը 7 օր (տոն օրերին փակ է)։ TTY-ից օգտվողները պետք է զանգահարեն 711 համարով։

Farsi عا خدمات مترجم شفاهی را در 24 ساعت شبانروز و 7 روز هفته در طول همه ساعات کاری بدون اخذ هزینه در اختیار شما قرار می دهیم. شما می توانید برای کمک در پاسخگویی به سؤالات خود در مورد پوشش مراقبت درمانی ما از یک مترجم شفاهی بهره مند شوید. همچنین می توانید درخواست کنید که همه جزوات بدون اخذ هزینه به زبان شما ترجمه شوند. کافیست در 24 ساعت شبانروز و 7 روز هفته (به استثنای روز های تعطیل) با ما به شماره 4000-464-4000-108-1 تماس بگیرید. کاربران TTY با شماره 711 تماس بگیرید.

Hindi: हम संचालन के सभी घंटों के दौरान आपको बिना किसी लागत के दुभाषिया सेवाएँ, दिन के 24 घंटे, सप्ताह के सातों दिन प्रदान करते हैं। आप हमारी स्वास्थ्य देखभाल कवरेज के बारे में आपके प्रश्नों के जवाब के लिए एक दुभाषिये की सहायता ले सकते हैं। आप बिना किसी लागत के सामग्रियों को अपनी भाषा में अनुवाद करवाने के लिए अनुरोध भी कर सकते हैं। बस केवल हमें 1-800-464-4000 पर, दिन के 24 घंटे, सप्ताह के सातों दिन) छुट्टियों वाले दिन बंद रहता है (कॉल करें। TTY उपयोगकर्ता 711पर कॉल करें।

**Hmong:** Peb muaj neeg txhais lus pub dawb rau koj, 24 teev ib hnub twg, 7 hnub ib lim tiam twg, thawm cov sij hawm qhib ua lag luam.Koj muaj tau ib tug neeg txhais lus los pab teb koj cov lus nug txog peb cov kev pab them nqi kho mob.Koj thov tau kom muab cov ntaub ntawv txhais uas koj hom lus pub dawb rau koj.Tsuas hu rau **1-800-464-4000**, 24 teev ib hnub twg, 7 hnub ib lim tiam twg (cov hnub caiv kaw). Cov neeg siv TTY hu **711**.

Japanese: 当院では、全診療時間を通じて、通訳サービスを無料で、年中無休、終日ご利用いただけます。当院の医療内容についてのご質問および回答には、通訳がお手伝いいたします。また、日本語に翻訳された資料を無料で請求できます。お気軽に1-800-464-4000までお電話ください(祭日を除き年中無休)。TTYユーザーは711にお電話ください。

Khmer: យើងផ្តល់សេវានៃអ្នកបកប្រែ ដោយឥតអស់ថ្លៃ ដល់អ្នកឡើយ 24 ម៉ោងមួយថ្ងៃ 7 ថ្ងៃមួយអាទិត្យ ក្នុងអំឡុង ម៉ោងធ្វើការទាំងអស់។ អ្នកអាចមានអ្នកបកប្រែ ដើម្បីជួយ ឆ្លើយសំណួររបស់អ្នក អំពីការរ៉ាប់រងថែទាំសុខភាព របស់ យើង។ អ្នកក៏អាចស្នើសុំសំភារៈដែលបានបកប្រែជាភាសា ខ្មែរ ដោយឥតអស់ថ្លៃដល់អ្នកដែរ។ គ្រាន់តែទូរស័ព្ទមកយើង តាមលេខ 1-800-464-4000 បាន 24 ម៉ោងមួយថ្ងៃ 7 ថ្ងៃមួយ អាទិត្យ (បិទថ្ងៃបុណ្យ)។ អ្នកប្រើ TTY ហៅលេខ 711 ។

Korean: 업무 시간 동안에는 요일 및 시간에 관계없이 통역 서비스를 무료로 이용하실 수 있습니다. 통역의도움을받아 건강 보험 혜택에 관하여 질문하고 답변을 들으실 수 있습니다. 또한, 귀하가 사용하는 언어로 번역된 자료를 요청해 무료로 제공받으실 수 있습니다. 요일 및 시간에 관계없이 1-800-464-4000 번으로 전화해 문의하십시오(공휴일 휴무). TTY 사용자 번호 711.

Navajo: Nihí ata' halne'é áká'adoolwołígíí nihei hóló t'áá jíík'é, t'áá naadiin díí ahéé'iilkeedgo, tsosts'id yiskáaji', ndá'anishgo oolkił biyi' góné. Ata' halne'é niká'adoolwoł na'ídikid nee hólóógo díí ats'íís baa áháyáa bik'éstí'ígíí biná'ídiłkidgo. Áádóó ałdó' naaltsoos lá t'áá ní nizaad k'ehji álnéehgo t'áá jíík'é ádoolnííł. Nihích'i' hodíílnih koji' 1-800-464-4000 jíigo dóó tł'ée' nidi, tsosts'id yiskáaji' dimoo na'adleehji' (Holidaysgo éí da'deelkaal) doo da'diits'a'ígíí chodayooł'ínígíí koji' hodíílnih 711

Punjabi: ਅਸੀਂ ਕਾਰਵਾਈ ਦੇ ਸਾਰੇ ਘੰਟਿਆਂ ਦੇ ਦੌਰਾਨ, ਤੁਹਾਨੂੰ ਬਿਨਾਂ ਕਿਸੀ ਲਾਗਤ ਦੇ, ਦਿਨ ਦੇ 24 ਘੰਟੇ, ਹਫਤੇ ਦੇ 7 ਦਿਨ, ਦੁਭਾਸ਼ੀਆ ਸੇਵਾਵਾਂ ਮੁਹੱਈਆ ਕਰਵਾਉਂਦੇ ਹਾਂ। ਤੁਸੀਂ ਸਾਡੀ ਸਿਹਤ ਦੇਖਭਾਲ ਕਵਰੇਜ ਬਾਰੇ ਆਪਣੇ ਸਵਾਲਾਂ ਦੇ ਜਵਾਬ ਲਈ ਇੱਕ ਦੁਭਾਸ਼ੀਏ ਦੀ ਮਦਦ ਲੈ ਸਕਦੇ ਹੋ। ਤੁਸੀਂ ਬਿਨਾਂ ਕਿਸੀ ਲਾਗਤ ਦੇ ਸਮੱਗਰੀਆਂ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਅਨੁਵਾਦ ਕਰਵਾਉਣ ਦੀ ਬੇਨਤੀ ਕਰ ਸਕਦੇ ਹੋ। ਬਸ ਸਿਰਫ਼ ਸਾਨੂੰ 1-800-464-4000 ਤੇ, ਦਿਨ ਦੇ 24 ਘੰਟੇ, ਹਫ਼ਤੇ ਦੇ 7 ਦਿਨ (ਛੁੱਟੀਆਂ ਵਾਲੇ ਦਿਨ ਬੰਦ ਰਹਿੰਦਾ ਹੈ) ਫ਼ੋਨ ਕਰੋ। TTYਦਾ ਉਪਯੋਗ ਕਰਨ ਵਾਲੇ 711 'ਤੇ ਫ਼ੋਨ ਕਰਨ।

Russian: Мы всегда в часы работы обеспечиваем Вас услугами устного переводчика, 24 часа в сутки, 7 дней в неделю. Чтобы получить ответы на свои вопросы о нашем страховом покрытии услуг здравоохранения, Вы можете воспользоваться помощью устного переводчика. Вы также можете запросить бесплатный перевод материалов на Ваш язык. Просто позвоните нам по телефону 1-800-464-4000, который доступен 24 часа в сутки, 7 дней в неделю (кроме праздничных дней). Пользователи линии ТТҮ могут звонить по номеру 711.

Spanish: Ofrecemos servicios de traducción al español sin costo alguno para usted durante todo el horario de atención, 24 horas al día, siete días a la semana. Puede contar con la ayuda de un intérprete para responder las preguntas que tenga sobre nuestra cobertura de atención médica. Además, puede solicitar que los materiales se traduzcan a su idioma sin costo alguno. Solo llame al 1-800-788-0616, 24 horas al día, siete días a la semana (cerrado los días festivos). Los usuarios de TTY, deben llamar al 711.

**Tagalog:** May magagamit na mga serbisyo ng tagasalin ng wika nang wala kang babayaran, 24 na oras bawat araw, 7 araw bawat linggo, sa lahat oras ng trabaho. Makakatulong ang tagasalin ng wika sa pagsagot sa mga tanong mo tungkol sa iyong coverage sa pangangalagang pangkalusugan. Maaari kang humingi ng mga babasahin na isinalin sa iyong wika nang wala kang babayaran. Tawagan lamang kami sa **1-800-464-4000**, 24 na oras bawat araw, 7 araw bawat linggo (sarado sa mga pista opisyal). Ang mga gumagamit ng TTY ay maaaring tumawag sa **711**.

Thai: เรามีบริการล่ามฟรีสำหรับคุณตลอด 24 ชั่วโมง ทุกวันตลอดชั่วโมงทำการของเราคุณสามารถขอให้ล่าม ช่วยตอบคำถามของคุณที่เกี่ยวกับความคุ้มครองการดูแล สุขภาพของเราและคุณยังสามารถขอให้มีการแปล เอกสารเป็นภาษาที่คุณใช้ได้โดยไม่มีการคิดค่าบริการ เพียงโทรหาเราที่หมายเลข 1-800-464-4000 ตลอด 24 ชั่วโมงทุกวัน (ปิดให้บริการในวันหยุดราชการ) ผู้ใช้ TTY โปรดโทรไปที่ 711

Chinese: 我們每週 7 天,每天 24 小時在所有營業時間內免費為您提供口譯服務。您可以請口譯員協助回答有關我們健康保險的問題。您也可以免費索取翻譯成您所用語言的資料。我們每週 7 天,每天 24 小時均歡迎您打電話 1-800-757-7585 前來聯絡(節假日 休息)。聽障及語障專線 (TTY) 使用者請撥 711。

Vietnamese: Chúng tôi cung cấp dịch vụ thông dịch miễn phí cho quý vị 24 giờ mỗi ngày, 7 ngày trong tuần, trong tất cả các giờ làm việc. Quý vị có thể được thông dịch viên giúp trả lời thắc mắc về quyền lợi bảo hiểm sức khỏe của chúng tôi. Quý vị cũng có thể yêu cầu được cấp miễn phí tài liệu phiên dịch ra ngôn ngữ của quý vị. Chi cần gọi cho chúng tôi tại số 1-800-464-4000, 24 giờ mỗi ngày, 7 ngày trong tuần (trừ các ngày lễ). Người dùng TTY xin gọi 711.