PENDING REGULATORY APPROVAL

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at sutterhealthplus.org or by calling 1-855-315-5800.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	**$0** individual/**$0** family	See the chart starting on page 2 for how much you pay for services this plan covers.
Are there other deductibles for specific services?	Yes, **$6,000** individual/**$12,000** family for certain medical services and **$500** individual/**$1,000** family for prescription medications per calendar year. There are no other specific **deductibles**.	You must pay all the costs up to the specific deductible amount before the plan begins to pay for these covered services.
Is there an out–of–pocket limit on my expenses?	Yes, **$6,500** individual/ **$13,000** family	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out–of–pocket limit?	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes, for a list of participating doctors and hospitals, go to sutterhealthplus.org or call 1-855-315-5800.	If you use an **in-network** doctor or other health care **provider**, this **plan** will pay some or all of the costs of covered services. Be aware, your in-network doctor may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred,** or participating for **providers** in their **network.** See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	Yes, oral approval is required.	The **plan** will pay some or all of the costs to see a **specialist** for covered services but only if you have the plan's permission before you see the **specialist.**
Are there services this plan doesn't cover?	Yes.	Some of the services this **plan** doesn't cover are listed on page 4. See your plan document for additional information about **excluded services**.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **in-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$70 per visit after deductible	Not covered	Deductible waived for 1st 3 non-preventive visits
	Specialist visit	$90 per visit after deductible	Not covered	Deductible waived for 1st 3 non-preventive visits
	Other practitioner office visit	$70 per visit after deductible	Not covered	Deductible waived for 1st 3 non-preventive visits
	Preventive care/screening/immunization	No Charge	Not covered	---None---
If you have a test	Diagnostic test (x-ray, blood work)	Lab: $40 X-ray: 100% coinsurance after deductible	Not covered	---None---
	Imaging (CT/PET scans, MRIs)	100% coinsurance after deductible	Not covered	---None---

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at optumrx.com or call 1-888-574-7417	Generic drugs	**Retail**: 100% up to $500 per prescription after pharmacy deductible **Mail Order**: 100% up to $1,000 per prescription after pharmacy deductible	Not covered	**Retail:** 30-day supply **Mail Order:** 100-day supply
	Preferred brand drugs	**Retail**: 100% up to $500 per prescription after pharmacy deductible **Mail Order**: 100% up to $1,000 per prescription after pharmacy deductible	Not covered	**Retail:** 30-day supply **Mail Order:** 100-day supply
	Non-preferred brand drugs	**Retail:** 100% up to $500 per prescription after pharmacy deductible **Mail Order**: 100% up to $1,000 per prescription after pharmacy deductible	Not covered	**Retail:** 30-day supply **Mail Order:** 100-day supply
	Specialty drugs	**Retail:** 100% up to $500 per prescription after pharmacy deductible **Mail Order**: 100% up to $500 per prescription after pharmacy deductible	Not covered	**Retail:** 30-day supply **Mail Order:** 30-day supply Sexual dysfunction medications have a 50% cost share, and are limited to 8 doses per 30-day supply
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	100% coinsurance after deductible	Not covered	---None---
	Physician/surgeon fees	100% coinsurance after deductible	Not covered	---None---

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need immediate medical attention	Emergency room services	Facility: 100% coinsurance after deductible Professional: 100% coinsurance after deductible	Facility: 100% coinsurance after deductible Professional: 100% coinsurance after deductible	Does not apply if admitted directly to the hospital as an inpatient for covered services.
	Emergency medical transportation	100% coinsurance after deductible	100% coinsurance after deductible	---None---
	Urgent care	$120 per visit after deductible	$120 per visit after deductible	Deductible waived for 1st 3 non-preventive visits
If you have a hospital stay	Facility fee (e.g., hospital room)	100% coinsurance after deductible	Not covered	---None---
	Physician/surgeon fee	100% coinsurance after deductible	Not covered	---None---
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	Individual Office Visit: $70 per visit Group Office Visit: $35 per visit Other Outpatient: 30% (maximum $70)	Not covered	Deductible waived for first three non-preventive visits for individual and group office visits
	Mental/Behavioral health inpatient services	100%coinsurance after deductible	Not covered	---None---
	Substance use disorder outpatient services	Individual Office Visit: $70 per visit Group Office Visit: $35 per visit Other Outpatient: 30% (maximum $70)	Not covered	Deductible waived for first three non-preventive visits for individual and group office visits
	Substance use disorder inpatient services	100%coinsurance after deductible	Not covered	---None---
If you are pregnant	Prenatal and postnatal care	No Charge	Not covered	---None---
	Delivery and all inpatient services	100% coinsurance after deductible	Not covered	---None---

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	100% coinsurance after deductible	Not covered	100 visits per calendar year
	Rehabilitation services	$70 per visit	Not covered	---None---
	Habilitation services	$70 per visit	Not covered	---None---
	Skilled nursing care	100% coinsurance after deductible	Not covered	100 days per benefit period
	Durable medical equipment	100% coinsurance after deductible	Not covered	---None---
	Hospice service	No Charge	Not covered	---None---
If your child needs dental or eye care	Eye exam	No Charge	Not covered	---None---
	Glasses	No Charge	Not covered	1 pair per year annually under age 19
	Dental check-up	No Charge	Not covered	Under age 19

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-855-315-5800. You may also contact your state insurance department at (888) 466-2219.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Sutter Health Plus at 1-855-315-5800 or visit www.sutterhealthplus.org.

Additionally, a consumer assistance program can help you file your appeal:
Contact: Department of Managed Health Care Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814
(888) 466-2219 | http://www.healthhelp.ca.gov | helpline@dmhc.ca.gov

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-315-5800.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-315-5800.

Chinese (中文): 如果需要中文的帮助，□□打□个号□ 1-855-315-5800.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-315-5800.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $2,200
- **Patient pays** $5,340

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$4,490
Copays	$0
Coinsurance	$700
Limits or exclusions	$150
Total	**$5,340**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $370
- **Patient pays** $5,030

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$1,770
Copays	$690
Coinsurance	$2,490
Limits or exclusions	$80
Total	**$5,030**

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.